
One Weight Watchers Point Donuts

Self-rising flour

Plain fat free Greek yogurt

Monk fruit sweetener with erythritol

Ground cinnamon

Winona Pure Popcorn Butter Theater Style

- 1 Make the two ingredient dough.
- 2 Turn out onto floured surface and cut into two equal parts.
- 3 Roll each part into 8 in strips and cut that into 8 equal parts.
- 4 Roll into donut shape.
- 5 Spray air fryer with spray oil.
- 6 Add 8 donuts into fryer and fry for 5 or 6 minutes.
- 7 Take out of fryer and spray with popcorn spray butter.
- 8 Roll in monk fruit sweetener and cinnamon mixture.
- 9 Enjoy