
Chocolate-banana Brownies With Nuts

1/2 cup mixed nuts or
peanuts (80g)

2-3 ripe bananas (1-1/2 cup
banana puree – 375g)

1/2 cup unsweetened cocoa
(50g)

- ❶ Crush the nuts and peanuts into small pieces.
- ❷ Mash the ripe bananas to form banana puree and mix with unsweetened cocoa.
- ❸ Cook the banana-cocoa mixture until it thickens to a brownie batter consistency.
- ❹ Sprinkle crushed nuts into the batter, saving some for decoration.
- ❺ Pour the batter into a baking mold, decorate with remaining nuts or raisins, and chill in the refrigerator for at least 2 hours.