## Beverages
- ◯ White wine or broth 1 cup

## Condiments & Spices
- ◯ Dried thyme 1tsp
- ◯ Garlic powder ½tsp
- ◯ Ground black pepper ¼tsp
- ◯ Salt 2tsp
- ◯ Sweet paprika 1tsp

## Meat
- ◯ Chicken breasts 1.5lb

## Vegetables
- ◯ Chopped spinach 10oz
- ◯ Onion 1 medium

## Canned Goods
- ◯ Chicken broth 5 cups

## Dairy
- ◯ Butter 2.2lb (1kg)
- ◯ Parmesan cheese cup

## Rice, Cereal & Legumes
- ◯ Arborio rice 1lb