

Condiments & Spices

- Capers 1tbsp
- Fresh tarragon ¼ cup
- Fresh thyme 1tbsp

Vegetables

- Asparagus 1 bunch
- Cocktail tomatoes 4 units
- Mixed summer squashes 12oz
- Shallot 1 unit
- Small potatoes 1.5lb

Seafood

- Cod or halibut fillets .75lbs