## Condiments & Spices

- ◯ Oregano 2tsp
- ◯ Sage 2tbsp
- ◯ Thyme 1tbsp

## Miscellaneous

- ◯ Dry pasta 8oz

## Fruits

- ◯ Avocado 1 unit
- ◯ Lemon 1 unit

## Vegetables

- ◯ Butternut squash 4 cups
- ◯ Carrots 12oz (340g)
- ◯ Fennel 1 bulb
- ◯ Lacinato kale 1 bunch
- ◯ Mixed mushrooms 1.5lb (680g)
- ◯ Parsnip 5oz (140g)