

Bakery

- ☐ Bread 1 loaf
- ☐ Tortillas 1 package

Vegetables

- ☐ Bell pepper 1 unit
- ☐ Fresh basil 1 handful
- ☐ Green chili 1 unit
- ☐ Mushroom 1 unit
- ☐ Onion 1 unit
- ☐ Red onion 1 unit
- ☐ Squash 1 unit
- ☐ Zucchini 1 unit

Canned Goods

- ☐ Diced tomatoes 1 can
- ☐ Sun dried tomatoes 0.5 cup (40g)
- ☐ Sun dried tomatoes in oil 0.5 cup (40g)
- ☐ Tomato paste 2tbsp (32g)

Meat

- ☐ Chicken thighs as needed
- ☐ Chorizo as needed

Beverages

- ☐ Celsius 1 pack
- ☐ La Croix 1 pack
- ☐ Oat milk 2 units

Rice, Cereal & Legumes

- ☐ Chickpea pasta 8 oz

Frozen Foods

- ☐ Hashbrowns crowns 1 box
- ☐ Uncrustables 1 box

Condiments & Spices

- ☐ Tomato paste 1 unit

Dairy

- ☐ Eggs as needed