

### **Baking**

- All-purpose flour cup

### **Condiments & Spices**

- Black pepper ½ tsp
- Dill 1tbsp or ½ tsp dried
- Fresh thyme 2tbsp
- Rubbed sage 1tsp
- Sea salt 1tsp
- Smoked paprika 1tsp
- Worcestershire sauce 1tsp

### **Rice, Cereal & Legumes**

- Wild Rice Blend 1 cup

### **Canned Goods**

- Chicken broth 6 cups

### **Dairy**

- Butter 6.6tbsp (100g)
- Half and half or Whole milk 1 cup

### **Vegetables**

- Carrot 2-3 units
- Celery 3 stalks
- Cremini mushrooms 8oz
- Garlic 2 tsp
- Yellow onion 1 cup