

### **Canned Goods**

- ☐ Black beans 15oz can
- ☐ Diced tomatoes 29oz can

### **Dairy**

- ☐ Shredded cheese 1 pack

### **Meat**

- ☐ Shredded cooked chicken 2 cups

### **Condiments & Spices**

- ☐ Rosemary 3 sprigs

### **Fruits**

- ☐ Diced avocado 1 unit

### **Vegetables**

- ☐ Carrots 1 cup
- ☐ Celery 1 cup
- ☐ Cilantro cup
- ☐ Garlic 8 cloves
- ☐ Jalapeno pepper 1 large
- ☐ Leeks 1 cup
- ☐ Onion 2 units