Canned Goods

- ◯ Low sodium chicken broth 1 cup

Dairy

- ◯ Mexican blend cheese 1 cup shredded

Rice, Cereal & Legumes

- ◯ Long-grain rice 1 cup

Condiments & Spices

- ◯ Salsa 1 cup

Meat

- ◯ Chicken breast 1lb

Vegetables

- ◯ Chopped green chiles 4.5 oz can
- ◯ Corn kernels 15 oz can