Canned Goods

- ◯ Chicken stock 4 cups
- ◯ Crushed tomatoes 14oz

Seafood

- ◯ Shrimp 1lb

Rice, Cereal & Legumes

- ◯ Rice 1.5 cups

Condiments & Spices

- ◯ Bay leaf 1 unit
- ◯ Cajun or Creole seasoning 2tbsp
- ◯ Cayenne pepper 1/4tsp
- ◯ Dried thyme 1tsp
- ◯ Kosher salt and black pepper to taste
- ◯ Olive oil 3tbsp

Meat

- ◯ Andouille sausage 1lb
- ◯ Chicken breasts 2 pieces

Vegetables

- ◯ Bell peppers 3 units
- ◯ Celery 2 ribs
- ◯ Fresh parsley to taste
- ◯ Garlic 4 cloves
- ◯ Green onions to taste
- ◯ Hot sauce to taste
- ◯ Jalapeño pepper 1 unit
- ◯ Okra 1 cup
- ◯ White onion 1 unit