

Bakery

- ☐ Blueberry Bagels 1 package
- ☐ Bread 2 loaves
- ☐ Hamburger buns 4
- ☐ Tortillas 4 medium + 1 package

Miscellaneous

- ☐ Pizza 1
- ☐ Salad 1

Frozen Foods

- ☐ Frozen chicken nuggets 1 package
- ☐ Frozen mango 1.5 cups
- ☐ Frozen pineapple 1.5 cups

Condiments & Spices

- ☐ Black pepper 1 tsp
- ☐ Garlic powder 1 tsp
- ☐ Honey 3 tbsp
- ☐ Italian seasoning 2 tsp
- ☐ Jelly 1 jar
- ☐ Ketchup, mustard, or mayonnaise to taste
- ☐ Onion powder 1 tsp
- ☐ Paprika 1 tsp
- ☐ Peanut butter 1 cup
- ☐ Salt 2 tsp
- ☐ Taco seasoning mix 3 tbsp
- ☐ Vegetable oil as needed
- ☐ Worcestershire sauce 1 tbsp
- ☐ Zesty Italian salad dressing mix 2 oz

Dairy

- ☐ Butter or oil 1 tbsp
- ☐ Cheddar cheese 2 cups shredded
- ☐ Cheese sticks 4 units
- ☐ Colby jack cheese block 1 block
- ☐ Colby jack cheese sliced 1 pkg
- ☐ Cream cheese 1 lb
- ☐ Eggs 24 units
- ☐ Milk 4 gallons
- ☐ Strawberry cream cheese 1 carton
- ☐ Yogurt 4 single + 3/4 cup greek

Rice, Cereal & Legumes

- ☐ Cereal 1 box
- ☐ Dry elbow macaroni noodles 2 cups
- ☐ Medium egg noodles 16 oz
- ☐ Oatmeal 3 cups

Vegetables

- ☐ Carrots 4 units
- ☐ Celery 4 stalks
- ☐ Cilantro 0.5 cup chopped
- ☐ Green bell pepper 1 large
- ☐ Lettuce leaves 1 bunch
- ☐ Onion 1.25 cups diced
- ☐ Red onion 1 unit
- ☐ Spinach 3 oz
- ☐ Tomato 1 unit
- ☐ Toppings (sour cream, tomatoes, lettuce, avocado, hot sauce) as needed

Canned Goods

- ☐ Applesauce 4 pouches
- ☐ Baby food 1 jar
- ☐ Beef broth 2 cups
- ☐ Canned fish 1 can
- ☐ Chicken broth 32oz
- ☐ Diced green chiles 4.5oz
- ☐ Diced tomatoes 43.5oz
- ☐ Pickles 1 jar
- ☐ Tomato paste 2 tbsp

Meat

- ☐ Chicken breast 3 lbs
- ☐ Chicken thighs 6 units
- ☐ Deli ham 1 lb
- ☐ Frozen sausage links 2 boxes
- ☐ Ground beef (80/20) 1 lb
- ☐ Ground turkey 1.5 lbs
- ☐ Summer sausage 1 unit

Fruits

- ☐ Banana 3 units

Snacks

- ☐ Oyster crackers 1 bag
- ☐ Turtle crackers 1 cup

Beverages

- ☐ Juice 1 bottle
- ☐ Oat milk 1.5 cups