

Canned Goods

- ☐ Castelvetro olives 1 handful

Fruits

- ☐ Lemon 2 wedges

Condiments & Spices

- ☐ Extra virgin olive oil 1 bottle
- ☐ Fish sauce 1 tsp
- ☐ Lemon zest zest of 1 lemon
- ☐ White wine vinegar 1 tsp

Vegetables

- ☐ Fennel bulbs 2-3 units
- ☐ Parsley 1 bunch