Condiments & Spices

- ◯ Black pepper (freshly ground) 1 unit
- ◯ Fleur de sel 1 unit

Seafood

- ◯ Salmon fillet (skin on) 6-16 ounces

Vegetables

- ◯ Asparagus 1.5 lbs
- ◯ Garlic 1 bulb
- ◯ Idaho Potatoes 0.25 lb
- ◯ Parsley 1 tbsp
- ◯ Parsnips 0.5 lb

Dairy

- ◯ Gruyère cheese 1 oz
- ◯ Heavy cream 0.5 cup

Meat

- ◯ Italian prosciutto 3 slices