

Dairy

- ☐ Feta cheese 1/2 cup
- ☐ Heavy whipping cream 1 cup
- ☐ Plant-based milk 1/4 cup

Vegetables

- ☐ Cucumber 1 cup

Fruits

- ☐ Avocados 2 units
- ☐ Date paste or Medjool dates 1/4 cup or 6-8 dates
- ☐ Fresh strawberries 2 cups
- ☐ Mint leaves 1 bunch
- ☐ Seedless watermelon 4 cups
- ☐ Strawberry glaze 1 bottle
- ☐ Whipped cream 1 container