

### **Canned Goods**

- Beef stock 500ml
- Chopped tomatoes 800g (2 tins)
- Penne pasta 8oz (225g)
- Tomato purée 2tbsp

### **Dairy**

- Butter 1tbsp
- Cheddar 50g
- Parmesan 30g

### **Miscellaneous**

- Green or tomato salad 1

### **Condiments & Spices**

- Olive oil 1tbsp
- Redcurrant jelly 2tsp
- Salt and pepper to taste
- Thyme 1tbsp
- Worcestershire sauce 2tsp

### **Meat**

- Beef mince 1.5lb (675g)

### **Vegetables**

- Celery 2 sticks
- Garlic 2 cloves
- Mushrooms 250g
- Onions 2 units