

Baking

- ☐ Brown sugar 2tbsp

Condiments & Spices

- ☐ Avocado oil 1 tbsp
- ☐ Fish sauce 2 tsp
- ☐ Salt 1 pinch
- ☐ Yellow curry paste 0.25 cup

Rice, Cereal & Legumes

- ☐ Jasmine rice 2 cups

Canned Goods

- ☐ Coconut cream/milk 14oz can
- ☐ Water/Broth 1 cup

Meat

- ☐ Chicken breasts 1lb

Vegetables

- ☐ Cilantro 1/4 cup
- ☐ Yellow onion 1/2 unit
- ☐ Yukon potatoes 10 units