Baking
- ◯ Sugar 1/2 tsp

Dairy
- ◯ Parmesan cheese 80g

Miscellaneous
- ◯ Mint 1 cup

Snacks
- ◯ Flaked Almonds 50g

Condiments & Spices
- ◯ Capers 80g
- ◯ Extra Virgin Olive Oil 6tbsp
- ◯ MSG or Chicken Bouillon Powder 1/8tsp
- ◯ Salt 1/2tsp

Fruits
- ◯ Lemon 1 unit

Rice, Cereal & Legumes
- ◯ Cooked Chickpeas 500g

Vegetables
- ◯ Ginger 1 piece