

Canned Goods

- ☐ Canned Pineapple 1 can

Seafood

- ☐ Salmon fillets 520g

Snacks

- ☐ Toasted pine nuts 1 pack

Dairy

- ☐ Greek yogurt 1tbsp
- ☐ Sýr Gruyère 150g
- ☐ Zakysaná smetana 1 unit

Meat

- ☐ Chicken breast 1 pack

Vegetables

- ☐ Carrot 1 unit
- ☐ Celery 3 stalks
- ☐ Coriander 2 tbsp
- ☐ Cucumber 1 unit
- ☐ Eggplant 2 units
- ☐ Ginger 2.5cm
- ☐ Pak choi 2 units
- ☐ Paprika 1 unit
- ☐ Red onion 2 units
- ☐ Spring onions 3 units
- ☐ White cabbage ½ unit
- ☐ Zucchini 1 unit