Canned Goods

- ◯ Chicken broth 4 cups
- ◯ Cream of mushroom soup 1 can (10.75oz)

Dairy

- ◯ Milk 0.5 cup
- ◯ Shredded cheddar cheese 0.5 cup

Rice, Cereal & Legumes

- ◯ Rice 1 cup

Condiments & Spices

- ◯ Black pepper 1/4tsp
- ◯ Olive oil 1tbsp
- ◯ Salt 1/2tsp

Meat

- ◯ Chicken breasts 1lb

Vegetables

- ◯ Broccoli 10oz
- ◯ Onion 1 unit