

### **Condiments & Spices**

- Ground cumin 1 tsp

### **Rice, Cereal & Legumes**

- Quinoa 3/4 cup

### **Vegetables**

- Cilantro 1/2 cup
- Frozen corn 1 cup

### **Dairy**

- Avocado 1 piece
- Limes 2 units
- Shredded cheese 1 pack
- Sour cream 1 container

### **Snacks**

- Peanuts 0.5 cup