

Canned Goods

- ☐ Tomato juice 24oz (2 cans)
- ☐ Tomato sauce 16oz (2 cans)

Frozen Foods

- ☐ Okra 20oz (1.25lb)

Vegetables

- ☐ Green bell pepper 2 medium
- ☐ Onion 2 medium
- ☐ Tomatoes 56oz (3.5lb)

Seafood

- ☐ Shrimp 2lb

Meat

- ☐ Bacon 6 slices
- ☐ Boneless chicken breast 1lb
- ☐ Kielbasa or smoked sausage 1lb