

Canned Goods

- ☐ Cream of celery 1 can
- ☐ Cream of mushroom (or chicken) 1 can
- ☐ Onion soup mix 1-2 packets

Meat

- ☐ Chicken thighs (or breasts) 3lbs

Rice, Cereal & Legumes

- ☐ Flavored wild rice 12oz (3 boxes)