

Condiments & Spices

- ☐ Chutney 1 jar
- ☐ Coriander powder 2 tbsp
- ☐ Garam masala 2 tbsp
- ☐ Garlic 6 cloves
- ☐ Ginger 1 piece (2 inches)
- ☐ Kashmiri red chile powder 1 tsp
- ☐ Mustard oil 3 tbsp
- ☐ Roti 1 pack
- ☐ Salt as needed
- ☐ Turmeric powder 1 tsp

Frozen Foods

- ☐ Paneer 3 pounds

Vegetables

- ☐ Bell pepper 4 units
- ☐ Red onion 2 units

Dairy

- ☐ Full-fat Greek yogurt 6 tablespoons
- ☐ Ghee or Butter 4 tablespoons

Fruits

- ☐ Lemon 1 unit