Condiments & Spices

- ◯ Fresh oregano, dill, or parsley 2 tbsp
- ◯ Pesto ½ cup

Seafood

- ◯ Wild shrimp 2 lb

Meat

- ◯ Chicken breast 3.25 lb

Vegetables

- ◯ Asparagus 1 bunch
- ◯ Baby potatoes 24oz
- ◯ Broccoli florets 18oz
- ◯ Carrot 1/4 cup
- ◯ Persian cucumber 2 units
- ◯ Red capsicum 2 units
- ◯ Scallions 2 units
- ◯ Spinach 8 handfuls
- ◯ Yellow onion 1/3 cup

Dairy

- ◯ Cheddar cheese 2.25 cups
- ◯ Cottage cheese 1 container
- ◯ Greek yogurt 2.25 cups
- ◯ Milk 3 cups

Fruits

- ◯ Lemon 0.5 unit

Miscellaneous

- ◯ Lotrimin 1 unit
- ◯ Toilet paper 1 pack