

Condiments & Spices

- Fresh oregano, dill, or parsley 2 tbsp
- Pesto ½ cup

Seafood

- Wild shrimp 2 lb

Meat

- Chicken breast 3.25 lb

Vegetables

- Asparagus 1 bunch
- Baby potatoes 24oz
- Broccoli florets 18oz
- Carrot 1/4 cup
- Persian cucumber 2 units
- Red capsicum 2 units
- Scallions 2 units
- Spinach 8 handfuls
- Yellow onion 1/3 cup

Dairy

- Cheddar cheese 2.25 cups
- Cottage cheese 1 container
- Greek yogurt 2.25 cups
- Milk 3 cups

Fruits

- Lemon 0.5 unit

Miscellaneous

- Lotrimin 1 unit
- Toilet paper 1 pack