

Beverages

- ☐ Orange juice 1/2 cup

Condiments & Spices

- ☐ Orange marmalade 3/4 cup
- ☐ Sriracha sauce 2 tsp
- ☐ Turmeric powder 0.5 tsp

Vegetables

- ☐ Baby potatoes 4.5lb
- ☐ Cauliflower 3 heads
- ☐ Celery 3 cups
- ☐ Ginger 4tsp
- ☐ Green bell pepper 0.67 cup
- ☐ Kale 1.34 cups
- ☐ Red bell pepper 0.67 cup
- ☐ Red cabbage 2 cups
- ☐ Yellow onion 2 medium

Canned Goods

- ☐ Chicken stock 8 cups
- ☐ Coconut milk or heavy cream cup

Meat

- ☐ Chicken breast 8 units
- ☐ Chicken thigh 4.5lb