

Bakery

- Flour Tortillas 4 extra large (burrito-sized)

Dairy

- Sour cream 1 cup

Meat

- Chicken breast 1.5lb
- Chicken breast or thighs 4 pieces
- Chicken thighs 2lb
- Cooked shredded chicken 2 cups
- Ground chicken 2.5lb

Vegetables

- Baby potatoes 3.5 lbs
- Broccoli 1.5 lbs
- Canned diced green chilies 8 oz
- Carrots 2 cups
- Fresh cilantro 1 bunch
- Fresh parsley 1 bunch
- Garlic 6 cloves
- Jalapeño pepper 1 tbsp
- Red bell pepper 1.5 cups
- Red onion 1 small
- White onion 0.33 cup
- Yellow onion 0.5 cup

Condiments & Spices

- Bertolli extra virgin olive oil 8 tbsp
- Chipotle sauce 1 tbsp
- Coconut aminos or soy sauce 2 tbsp
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- Dried oregano 1 tsp
- Dried thyme or rosemary 1 tsp
- Kikkoman teriyaki sauce $\frac{3}{4}$ cup

Fruits

- Lemon 1
- Pineapple 1.25 cups
- Pineapple chunks 1 can (16 oz)

Rice, Cereal & Legumes

- Great northern beans 30 oz (2 cans)