

### **Canned Goods**

- Black Beans 15oz

### **Fruits**

- Avocado 1 unit
- Lime 1 unit

### **Dairy**

- Parmesan cheese 0.5 cup
- Unsalted butter 3tbsp (43g)

### **Vegetables**

- Cilantro 1 bunch
- Cucumber 1 unit
- Frozen spinach 0.5 cup
- Minced garlic 1 tsp