Canned Goods

- ◯ Diced tomatoes 15oz
- ◯ Sun-dried tomatoes 1 jar
- ◯ Tomato paste 2tbsp

Dairy

- ◯ Cream 1 cup
- ◯ Goat cheese 1 unit
- ◯ Parmesan ¼ cup
- ◯ Unsalted butter ¼ cup (56g)

Vegetables

- ◯ Onion 2 units
- ◯ Spinach 1 bag

Condiments & Spices

- ◯ Salt teaspoon

Rice, Cereal & Legumes

- ◯ Butter beans 1 tin