

Canned Goods

- ☐ Beef stock 1.5 cups
- ☐ Black beans 15oz
- ☐ Diced tomatoes 28oz
- ☐ Kidney beans 15oz
- ☐ Tomato paste 3tbsp

Vegetables

- ☐ Green bell pepper 2 units
- ☐ Yellow onion 1 unit

Fruits

- ☐ Lime 1 unit
- ☐ Oranges 1 unit