Canned Goods

- ◯ Crushed tomatoes 14.5oz
- ◯ Diced tomatoes 28oz (790g)
- ◯ Tomato paste 6oz (170g)
- ◯ Vegetable broth 3 cups (700ml)

Vegetables

- ◯ Carrots 3 units
- ◯ Celery 2 stalks
- ◯ Sweet Potatoes 2.5lb
- ◯ Yellow Onion 2 units

Condiments & Spices

- ◯ Cumin 1/2 tbsp