

Baking

- All-purpose flour 4tbsp
- Sugar pinch

Canned Goods

- Tomato paste 2 tsp

Meat

- Beef chuck 6lb
- Lardons/Pancetta/Bacon 10oz

Beverages

- Red wine 1.5 liters

Condiments & Spices

- Bay leaves 2 units
- Black pepper 1tsp
- Kosher salt 4.5tsp
- Olive oil 2tbsp
- Thyme 2 sprigs

Vegetables

- Carrots 2 large
- Flat-leaf parsley 1 bunch
- Garlic cloves 4 units
- Onion 2 units
- Pearl onions 16oz (about 24-30 onions)