Canned Goods

- ◯ Beef broth 1.25 cups
- ◯ Diced tomatoes 15oz
- ◯ Tomato sauce 15oz

Meat

- ◯ Ground beef 1lb

Dairy

- ◯ Shredded Cheddar 1 cup

Rice, Cereal & Legumes

- ◯ Elbow macaroni 1.5 cups