Baking

- ◯ Flour 1tbsp

Condiments & Spices

- ◯ Garlic powder 0.5tsp
- ◯ Olive oil 1tbsp
- ◯ Salt & pepper to taste

Meat

- ◯ Chicken breasts 2 units

Canned Goods

- ◯ Chicken broth or dry white wine 0.5 cup

Dairy

- ◯ Butter 1tbsp
- ◯ Heavy cream 1 cup
- ◯ Parmesan cheese 0.5 cup

Vegetables

- ◯ Garlic 3 cloves
- ◯ Parsley 1tbsp