

### **Canned Goods**

- Diced Tomatoes 14oz
- Tomato Paste 4oz
- Vegetable Broth 3 cups

### **Rice, Cereal & Legumes**

- Shell Pasta 1.5 cups

### **Condiments & Spices**

- Thyme 1/4 tsp

### **Vegetables**

- Celery 1 stalk
- Shredded carrot 0.5 cup
- Zucchini 1 small