

Canned Goods

- Green chiles 9oz (2 cans)
- White beans 30oz (2 cans)

Dairy

- Monterey Jack cheese $\frac{1}{4}$ cup
- Sour cream $\frac{1}{2}$ cup

Meat

- Chicken breasts 3 units

Vegetables

- Cilantro $\frac{1}{4}$ cup
- Jalapeño 1 unit

Condiments & Spices

- Dried oregano 1 tsp

Frozen Foods

- Frozen corn 1.5 cups

Snacks

- Crushed tortilla chips $\frac{1}{4}$ cup