

Bakery

- Whole-wheat pitas 2 units
- Wholly Wholesome frozen 9-inch pie crust 1 unit

Fruits

- Lemon 1 unit

Rice, Cereal & Legumes

- Falafel mix 0.5 cup

Vegetables

- Coleslaw mix 4 cups
- Parsley 1 cup
- Radishes 6 units
- Scallions 2 units

Condiments & Spices

- Harissa or hot chile paste 0.5tsp
- Kosher salt 1 unit
- Olive oil 1tbsp

Meat

- Chicken breasts 1.25lb

Snacks

- Hummus 6tbsp