

Baking

- ☐ Corn flour 2 tbsp

Condiments & Spices

- ☐ Oil for deep-frying 1 bottle
- ☐ Salt $\frac{1}{2}$ tsp

Miscellaneous

- ☐ Tofu 600g (2 packs)

Canned Goods

- ☐ Dried hijiki seaweed 1 tbsp

Dairy

- ☐ Egg 1 unit

Vegetables

- ☐ Carrot cup
- ☐ Edamame beans $\frac{1}{4}$ cup