

Canned Goods

- ☐ Marinara sauce 24 oz
- ☐ Tomato paste 2 tbsp

Dairy

- ☐ Mozzarella cheese 1 cup
- ☐ Parmesan cheese ½ cup
- ☐ Ricotta cheese 10 oz

Vegetables

- ☐ Parsley 2 tbsp fresh
- ☐ Spinach leaves 2 cups
- ☐ Yellow onion 1 medium

Condiments & Spices

- ☐ Black pepper ½ tsp
- ☐ Extra-virgin olive oil 1 bottle
- ☐ Fresh basil 1 bunch
- ☐ Granulated sugar 3.5 cups (850g)

Meat

- ☐ Ground Italian sausage 0.5lb
- ☐ Lean ground beef 0.5lb