Canned Goods

- ◯ Cannellini beans 1 can (15oz)
- ◯ Chicken broth 4 cups
- ◯ Coconut milk 1 cup
- ◯ Diced tomatoes 2 cans (14.5oz each)
- ◯ Tomato paste 4 tbsp
- ◯ Vegetable broth 3.5 quarts

Dairy

- ◯ Basil pesto 1 jar
- ◯ Butter 0.5 cup
- ◯ Half and half 1.5 cups
- ◯ Parmesan cheese 2 cups

Condiments & Spices

- ◯ Basil ¼ cup (or 1tbsp dried)
- ◯ Curry powder 1tbsp
- ◯ Dried oregano 1tsp

Vegetables

- ◯ Baby kale (or spinach) 3 cups
- ◯ Butternut squash 2.5lb
- ◯ Carrots 3 medium
- ◯ Celery 2 cups (chopped)
- ◯ Cilantro to taste
- ◯ Garlic 4 cloves
- ◯ Jalapenos to taste
- ◯ Onion 3 medium
- ◯ Parsley to taste
- ◯ Zucchini squash 1 small